

Compassionate Depossession

A Shamanic residential training with Betsy Bergstrom

March 2-5, 2010. Dodgeville, WI

Sometimes, a person who has experienced soul loss or other traumas may find that they have become a host to suffering beings or entities. These suffering beings may live off of a person's energy and influence them in a variety of ways. Illness, depression, substance abuse, phobias, emotional problems, suicidal tendencies and other issues may be in part due to the influence or overshadowing of beings that have attached to the client. These beings are generally people whose own experience at the time of death has become compromised in such a way that they did not successfully make their own journey to the Light. Compassionate Depossession is a humane therapy that benefits both the client and the attached suffering being, even if that suffering being is reluctant to cross into the Light.

This training will teach students spiritual protection as well as methods for compassionate depossession. Examples of what will be learned include:

- Connecting with and calling in protector spirits and power animals prior to depossession work.
- Merging with our Divine, true self-the Divine light which protects us.
- Calling in our personal Angels and Archangels.
- Guiding the client as a channel for the suffering being.
- Strategies to communicate with possessing spirits and move them to the light.
- Tracking the divine light that resides in all suffering beings to compassionately heal them.
- Healing the residual tears in the luminous field left after depossession is completed.
- How to deal with the random intrusions of spirits wanting to cross over.

Prerequisites: *Participants should have extensive experience with shamanic journeying to attend this training. Please contact Ana Larramendi if you have questions about this.*

Betsy Bergstrom is a full-time Shamanic Practitioner who has studied with shamans and healers from many cultures. She is a graduate of the Foundation for Shamanic Studies 3-Year Program. She has been trained by a number of indigenous shamans and healers who have encouraged her and shared with her their wonderful teachings. She has worked in various fields of Alternative Healing for nearly 20 years. Her calling is to work in partnership with the Helping Spirits, to help the living and with the dead. She says, "...the feedback from my classes has been that the teaching (of Heart Centered Shamanic Depossession) defused much of the fear that some people felt in approaching the work of clearing and depossession."

Begins Tuesday, March 2, at 7:00pm. Class ends on Friday, March 5, at 12:00noon.

This residential includes dormitory-style sleeping quarters and delicious meals with vegetarian options.

Cost: \$775 includes instruction, all meals, and 3 nights lodging. \$200 reserves your space. There is a reduced rate of \$725 for early registrations postmarked by Feb. 5, 2010

Last day for registration is February, 25, 2010. Payment can be made with check, VISA or MC.

Space is limited so please register early.

Registration: Fill out a registration sheet and mail it with either a full payment or \$200 deposit made out to: The Hollow Bone, 1225 E. Dayton St. Madison, WI. 53703

Upon receipt of your registration and deposit an equipment list and map with directions will be sent to you.

Questions? Please contact Ana Larramendi: 608-255-4333, email: inomoxo@tds.net for information.

If you are flying in from out of state please contact Ana to coordinate your travel plans.

This workshop is sponsored by The Hollow Bone. For other shamanic workshop information please visit: www.thehollowbone.com

Advanced Compassionate Depossession

A Shamanic residential training with Betsy Bergstrom

March 6-9, 2010. Dodgeville, WI

This course is designed for serious shamanic practitioners who are finding the need for advanced-level skills in deposal and curse unraveling work. This 4-day residential workshop includes extensive review, demonstrations, and practical experience. This workshop builds on the foundation skills taught in the basic Introduction to Compassionate Depossession.

This class includes:

- Approaching Compassionate Clearing work with a sacred intention and motivation
- Helping ourselves and our clients to become "Sovereign" and remain that way
- Protocols for working with complex cases of possession including multiple possession, sorcery and ancestral patterns
- Power Stacking: merging with Allies, including additional Allies of Light
- Lords and Ladies of Death...advanced Compassionate Allies for advanced work
- Tahlten Extraction...Safe and effective "Hands-on" extraction work for obsessions
- Advanced True Self work...effectively setting the field for faster, more powerful clearing work
- Protection and Healing Fields...empower your office, "waiting room" or workspace to be more powerfully protected
- Personal "Light Building" to keep vibrant and less drained by Middleworld work
- Clearing "Death Wishes" and various contracts
- Tools to remain neutral, objective, clear in accomplishing this profound work

Prerequisites: The Introduction to Compassionate Depossession basic course taught by Betsy Bergstrom (formerly known Heart Centered Shamanic Depossession) is a required prerequisite. Please contact Ana if you have questions about this.

Learn about Betsy: www.betsybergstrom.com

Begins Saturday, March 6, at 3:00pm. Class ends on Tuesday, March 9, at 12:00noon.

This residential includes dormitory-style sleeping quarters and delicious meals with vegetarian options.

Cost: \$760 includes instruction, all meals, and 3 nights lodging. \$200 reserves your space. There is a reduced rate of \$710 for early registrations postmarked by Feb. 5, 2010

Last day for registration is February, 25, 2010. Payment can be made with check, VISA or MC.

Space is limited so please register early.

Registration: Fill out a registration sheet and mail it with either a full payment or \$200 deposit made out to: The Hollow Bone, 1225 E. Dayton St. Madison, WI. 53703

Upon receipt of your registration and deposit an equipment list and map with directions will be sent to you.

Questions? Please contact Ana Larramendi: 608-255-4333, email: inomoxo@tds.net for information.

If you are flying in from out of state please contact Ana to coordinate your travel plans.

SPECIAL PRICE FOR BOTH OF BETSY'S CLASSES!!!

Take **Compassionate Depossession & Advanced Compassionate Depossession** together for a reduced price:

Cost: \$1425: March 2-9, 2010. 8 days total includes Lodging and meals for both classes AND 1 free day of lodging and meals for our day off. \$200 reserves your space. There is a reduced rate of \$1360 for early registrations postmarked by Feb. 5, 2010

Workshop Registration

Participant Name: _____

Address: _____

City _____ State _____ Zip _____

Phone: _____ E-mail: _____

Please circle your food preference: *Omnivorous, no red meat, vegetarian, vegan.*
There will be a gluten-free option available, please inquire.
We will try to accommodate everyone, however if you have special diet restrictions you may wish to supplement meals with some of your own food. If you have a specific food allergy, please mention it here.

Mail Registration to:

The Hollow Bone, 1225 E. Dayton St. Madison, WI 53703
For credit card processing call Ana Larramendi 608-255-4333

I am signing up for: (Check one)

1. Compassionate Depossession, March 2-5, 2010: \$775/\$725 _____
2. Advanced Compassionate Depossession, March 6-9, 2010: \$760/\$710 _____
3. Both trainings: March 2-9, 2010: \$1425/\$1360: _____

Prices include instruction, all meals, and lodging. \$200 reserves your space. The reduced rates apply to early registrations postmarked by Feb. 5, 2010. You may send the full workshop payment or make a \$200.00 deposit to hold your space and receive the reduced rate by February 5, 2010.

Last day for registering is February 25th, 2010

Final payment is due at registration and check in time for your class.

Make checks payable to: The Hollow Bone.

Deposit Paid: _____ Balance Due: _____

Method of Payment: Check VISA MC

For credit card payments: Card Number _____
Exp. _____

Signature authorizing charge _____

Once your deposit and registration information is received you will be sent a supply list, a map with directions and a recommended clothing list. Dorm rooms have 4-8 beds to a room. Please specify on the back of this sheet if there is anyone you wish to room with. We can not guarantee private rooms.

Contact Person: Ana Larramendi, Phone: 608-255-4333, inomoxo@tds.net

Workshop Location: Bethel Horizons Retreat Center, Dodgeville, Wisconsin.

A one-hour drive west of Madison, adjoining Governor Dodge State Park.

If you are flying in from out of state please fly into the Dane County Regional Airport in Madison, WI which is 1 hour away from the retreat center. *Please contact Ana to coordinate your travel plans and transportation to and from the airport. Shuttle costs between the airport and Bethel Horizons are an additional expense*

Cancellation policy: A full refund will be paid for cancellations up till February 5, 2010. Afterwards cancellations will be charged a \$50.00 processing fee. The difference will be returned.