

Advanced Curse and Thoughtform Unraveling with Space Clearing

A 5-day Shamanic residential training with Betsy Bergstrom
March 17-22, 2009. Dodgeville, WI

Throughout history, shamans have worked with healing the effects of sorcery and curses. This is as much a part of our modern culture as it was a part of ancient times. Sorcery often affects us in the form of a curse. Sorcery is defined as any harm directed to ourselves or others: *The abuse of power even with good intentions*. Curses often present as repeating unhealthy patterns like: Compulsive thoughts, a feeling of being under attack, chronic accidents, injuries, illness or other types of repeating "bad luck". Some of these patterns can be rooted in past-life events or are passed down through the family lineage. Others are self-sorcery--curses that are negative thought forms which we fuel and perpetuate on ourselves. This training will introduce students to the concept of curse and thoughtform unraveling and then go deeper into an advanced understanding of this multifaceted topic. In addition, the class will explore the concepts of space clearing and psychopomp.

Examples of what will be covered:

- Aligning with Powerful Allies for protection and effectiveness in Middleworld work
- Tracking curses and potent thoughtforms that have power over peoples' lives
- Techniques for deconstructing curses and thoughtforms
- Establishing safe protocols for continuing work with complex cases
- Clearing ancestral and past life patterns and curses
- Working safely and successfully with intentional curses, sorcery and negative prayer
- Working successfully with supernatural components of curses
- Divesting old dreams of their energy and reinvesting in new dreams
- Self care and client care for post curse unraveling
- Space clearing and balancing techniques including psychopomp, quarantining, banishing, clearing, sealing and warding
- Diagnosing various components of space disturbances including atmospherics, resonances, hauntings, elementals and other NOR issues
- Protocols for continued clarity for ordinary reality properties
- Establishing intentional positive resonances for ordinary reality properties

Possible field trips during our class:

- ◇ A visit to nearby Indian Effigy Mounds on the Vernal Equinox
- ◇ Class participation in the clearing of a haunted building

Prerequisites: Participants should have extensive experience with shamanic journeying to attend this training. Please contact Ana Larramendi if you have questions about this.

Betsy Bergstrom is a full-time Shamanic Practitioner who has studied with shamans and healers from many cultures. She is a graduate of the Foundation for Shamanic Studies 3-Year Program. She has been trained by a number of indigenous shamans and healers who have encouraged her and shared with her their wonderful teachings. She has worked in various fields of Alternative Healing for nearly 20 years. Her calling is to work in partnership with the Helping Spirits, to help the living and the dead. Sandra Ingerman says, "*Betsy Bergstrom is a brilliant teacher and healer. She is clear, grounded, authentic, and teaches from a place of integrity. Betsy is a true shaman, and I highly recommend her work.*"

Begins Tuesday, March 17, at 7:00pm. Class ends On Sunday, March 22, at 12:00noon.

This 5-day residential includes dormitory-style sleeping quarters and delicious meals with vegetarian options.

Cost: \$1200 includes instruction, all meals, and 5 nights lodging. \$200 reserves your space. There is a reduced rate of \$1075 for early registrations postmarked by Feb. 14, 2009

Last day for registration is March 14, 2009. Payment can be made with check, VISA or MC.

Space is limited so please register early.

Registration: Fill out a registration sheet and mail it with either a full payment or \$200 deposit made out to: The Hollow Bone, 1225 E. Dayton St. Madison, WI. 53703

Upon receipt of your registration and deposit an equipment list and map with directions will be sent to you.

If you are flying in from out of state please contact Ana to coordinate your travel plans.

Questions? Please contact Ana Larramendi: 608-255-4333, email: inomoxo@tds.net for information.

Workshop Registration

Name of workshop: Advanced Curse and Thoughtform Unraveling with Space Clearing

Date of workshop: March 17-22, 2009. Beginning at 7:00pm. Tuesday, March 17, Ends Sunday, March 22, at 12:00noon.

Contact person: Ana Larramendi, Phone: 608-255-4333, inomoxo@tds.net

Workshop Location: Bethel Horizons Retreat Center, Dodgeville, Wisconsin.

A one-hour drive west of Madison, adjoining Governor Dodge State Park.

If you are flying in, please fly to Madison, WI. A shuttle service will be arranged.

Participant Name: _____

Address: _____

City _____ State _____ Zip _____

Phone: _____ E-mail: _____

Please circle your food preference: *Omnivorous, no red meat, vegetarian, vegan.*

There will be a gluten-free option available, please inquire.

We will try to accommodate everyone, however if you have special diet restrictions you may wish to supplement meals with some of your own food. If you have a specific food allergy, please mention it here.

Mail Registration to:

The Hollow Bone, 1225 E. Dayton St. Madison, WI 53703

For credit card processing call Ana Larramendi 608-255-4333

Workshop cost: \$1200 includes instruction, all meals, and 5 nights lodging. \$200 reserves your space. There is a reduced rate of \$1075 for early registrations postmarked by Feb. 14, 2009. You may send the full workshop payment or make a \$200.00 deposit to hold your space and receive the reduced rate by February 14, 2009.

Last day for registering is March 14, 2009.

Final payment is due at registration on March 17, 2009

Make checks payable to: The Hollow Bone.

Deposit Paid: _____ Balance Due: _____

Method of Payment: Check VISA MC

For credit card payments: Card Number _____

Exp. _____

Signature authorizing charge _____

Once your deposit and registration information is received you will be sent an equipment list, a map with directions and a recommended clothing list. Dorm rooms have 4-8 beds to a room. Please specify on the back of this sheet if there is anyone you wish to room with. We can not guarantee private rooms.

If you are flying in from out of state please fly into the Dane County Regional Airport in Madison, WI (MSN) which is 1 hour away from the retreat center. *Your flight should arrive no later than 4:00pm March 17, and depart no earlier than 3:00pm March 22, 2009. Please contact Ana to coordinate your travel plans and transportation to and from the airport. Shuttle costs between the airport and Bethel Horizons are an additional expense*

Cancellation policy: A full refund will be paid for cancellations up till February 14, 2009. Afterwards cancellations will be charged a \$50.00 processing fee. The difference will be returned.